



# NUTRITIONAL INFORMATION DELI SANWICHES

NUTRITION FACTS	Calories	Calories From Fat	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
BLT Classic - Half	460	270	31g	7g	0g	60mg	1080mg	29g	2g	4g	20g	8%	8%	6%	10%
BLT Classic - Whole	780	440	50g	11g	0g	85mg	1680mg	57g	3g	8g	30g	15%	10%	15%	20%
California Veggie - Half	410	250	28g	8g	0g	35mg	460mg	33g	4g	5g	8g	10%	8%	10%	10%
California Veggie - Whole	800	490	54g	15g	0g	70mg	920mg	64g	6g	10g	15g	25%	15%	20%	20%
Chicken Avocado - Half	500	250	28g	5g	0g	85mg	780mg	30g	3g	3g	32g	20%	6%	15%	10%
Chicken Avocado - Whole	920	460	53g	10g	0g	140mg	1530mg	58g	5g	6g	55g	30%	10%	25%	20%
Honey Ham Sandwich - Half	440	210	24g	6g	0g	65mg	1500mg	30g	2g	4g	27g	10%	8%	30%	15%
Honey Ham Sandwich - Whole	830	410	46g	12g	0g	110mg	2520mg	60g	3g	9g	46g	20%	15%	60%	25%
Pastrami - Half	330	90	10g	3g	0g	55mg	1490mg	30g	1g	3g	30g	4%	50%	30%	25%
Pastrami - Whole	610	170	19g	6g	0g	90mg	2560mg	60g	3g	7g	51g	8%	70%	60%	40%
Pastrami Rueben - Half	400	150	16g	6g	0g	70mg	1510mg	33g	2g	6g	30g	6%	60%	30%	25%
Pastrami Rueben - Whole	750	290	32g	12g	0g	120mg	2600mg	66g	4g	12g	51g	10%	90%	60%	45%
Roast Beef - Half	500	240	27g	8g	0g	75mg	980mg	32g	2g	4g	30g	10%	8%	30%	20%
Roast Beef - Whole	920	450	50g	14g	0g	120mg	1750mg	62g	3g	9g	51g	20%	10%	50%	30%
Tuna Salad - Half	420	200	22g	2.5g	0g	60mg	490mg	29g	2g	4g	26g	10%	8%	10%	10%
Tuna Salad - Whole	750	360	40g	4.5g	0g	95mg	920mg	58g	3g	9g	41g	15%	15%	20%	20%
Turkey - Half	440	190	21g	4.5g	0g	60mg	1470mg	32g	2g	6g	30g	10%	8%	30%	10%
Turkey - Whole	830	370	41g	9g	0g	100mg	2480mg	62g	3g	11g	51g	20%	15%	50%	20%
Turkey and Ham - Half	440	200	22g	5g	0g	60mg	1480mg	31g	2g	5g	28g	10%	8%	30%	10%
Turkey and Ham - Whole	830	390	43g	10g	0g	105mg	2500mg	61g	3g	10g	48g	20%	15%	50%	20%
Turkey Cranberry - Half	490	230	25g	7g	0g	75mg	1380mg	42g	2g	17g	24g	10%	2%	10%	10%
Turkey Cranberry - Whole	930	450	49g	14g	0g	130mg	2300mg	82g	3g	33g	39g	20%	4%	20%	20%

We reserve the right to change and/or modify nutritional information as necessary without notice.

The nutritional information shown is established using Sertinos' standard recipe methods, supplier provided illustrative nutritional values, menu analysis using MenuCalc industry software, and published public resources. Because each of our menu items are handmade and therefore customized, variations in serving portions, preparation methods, ingredient substitutions, and supply sources, as well as regional differences may affect the actual nutritional values. Therefore, we are unable to warranty the nutritional information shown as absolutely accurate as it relates to prepared menu items at each and every Sertinos Café Restaurant or Sertinos Coffee Shop. Nutritional data is rounded to meet current U.S. FDA NLEA guidelines. Percentage data for vitamins and minerals refers to percentage of U.S. Daily Values for a 2,000 calorie diet.

In certain regions of the county some Sertinos may serve or be testing menu items which are not listed in the nutritional information provided. These menu items may contain different/additional ingredients, including allergens, as compared to the standard versions.

**Allergen Statement**  
**Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish and shellfish.**

All American Specialty Restaurants, Inc. doing business as Sertinos Café Restaurants and Sertinos Coffee Shops endeavors to provide nutritional information regarding all its food products that is as complete as possible. However, some menu items may not be available at all restaurants. Expect variations in the nutrient content of the food products purchased in our restaurants.